

Springwear

We show two readers how to wear florals and pastel colours this spring.



MEET THE READER

Natasha Olivier (27) lives in Johannesburg with her husband Llewellyn and their five daughters. The family loves spending weekends together and they enjoy going for picnics. The children keep Natasha busy so she usually sweeps her hair into a ponytail during the day. She favours comfortable clothes such as jeans and sweaters. We showed Natasha how to put together spring outfits that are a little more feminine but still comfortable.

OUR IDEAS FOR NATASHA

Hair Natasha has thick, curly hair. Because it was all one length, it was heavy and shapeless. Bongani Zuma, stylist at Tanaz Hair Studio, recommended that Natasha's hair be cut in layers to give it shape and movement. He also added highlights in different shades at the roots – from natural- to light-blonde streaks – to give her hair warmth. He then rinsed Natasha's hair with a colour shampoo to soften the highlights, blending the different colours for a more natural look.

Make-up Natasha's eyebrows were neatly plucked to open up her eyes. We then we applied a little foundation to even out her skin tone. Natasha has a yellow undertone to her skin so should avoid wearing make-up in shades of brown – she should rather choose fresh shades of pink. We used a soft-pink blusher, eyeshadow in light plum, and pink lip gloss.

Clothes Natasha has a lovely figure and can wear almost anything. The key item in the outfit we chose for her is a pair of jeans. A three-quarter cut is very flattering, making her look tall and lean. (If you're not very tall and slightly overweight, rather avoid this cut – it may make you look shorter and heavier.) We added a camisole and a lightweight cardi to go with the jeans. Yellow is a fresh, quirky colour and it really flatters Natasha. The outfit is fashionable and feminine but also practical for spring days that are too cool for shorts or a short-sleeved top.

'I never thought I could wear yellow. I love it!'

Ideas makeovers are done in conjunction with Tanaz Hair Studio. They have salons in Illovo in Johannesburg (011 786 2976) and De Waterkant in Cape Town (021 425 9655). Go to www.tanaz.co.za for more information.

