

# LOOK YOUNGER

OLDER



JENNIFER LOPEZ

Easy on the base! A foundation mask is so ageing.



SHARON STONE

Harsh make-up makes Sharon look severe and much older.



CAMERON DIAZ

Bright red lipstick gives Cameron's face a hard, unnatural edge.

YOUNGER



She looks radiant with her natural skin tone showing through, giving her a youthful glow.



Soft, understated make-up and glowing skin are the answer.



A more neutral lip colour is much more flattering.

## MAKE-UP

### SKIN

Many women make the mistake of piling on too much foundation. "It's much more youthful to allow your natural skin colour to show through," says Jillian Dempsey, Avon creative and colour director. **TRY DiorSkin Nude Foundation (R510) or Clarins Instant Smooth Foundation (R300).**

"Under-eye concealer dramatically improves a woman's appearance. It magically brightens the face", American make-up artist Bobbi Brown says in her book *Living Beauty*. Apply it over foundation from the inner to the outer corner of your eye. **TRY Bobbi Brown Creamy Concealer Kit (R300), Revlon Undereye Color Concealer (R115) or L'Oréal Infallible Concentrated Foundation Pen (R119,95).**

### EYEBROWS

"The quickest way to have a non-surgical eyelift is to have your brows correctly shaped," Gillian Lentin of BrowXpress says. "The easiest way to deal with grey hairs is not to pull them out but to use a tinted brow gel close to the shade of your hair colour." **TRY Mac Brow Finish (R120).**

### EYE MAKE-UP

"Use eyeliner as close to your lashes as possible and keep it subtle," make-up artist Algia Ferreira advises. "Making your lashes look

fuller with mascara is a good idea."

**TRY 1 New Rimmel Sexy Curves Mascara (R89).** "Avoid pearlised or sparkling eyeshadows," Algia says. "They accentuate fine lines around your eyelid. Opt for soft, neutral shades of brown." **TRY 2 L'Oréal Colour Appeal Trio Pro Jane Fonda (R134,95).**

### LIPS

"Nothing ages you more than dark lipstick, lipstick that bleeds into lines, obvious lip liner, overly matte lipstick and obviously plumped lips," Carla Knupp says in her book *How Not To Look Old*.

**TRY 3a Clinique High Impact Lipcolor in Pink Style (R145), 3b Environ Lipcolour in O31F (R130) or 3c Estée Lauder Signature Lipstick in Rich Rose (R210).**

### BLUSHER

Apply it to the apple of your cheeks. **TRY Maybelline Mineral Power Naturally Luminous Blush in True Peach (R110,95).**

**“A BLUSHER WITH A PINK OR PEACHY UNDERTONE GIVES AN INSTANT YOUTHFUL GLOW”**

Make-up artist ROSE BRUINS

