

# Beauty

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YOUR WEEKLY INSPIRATION

THE RIGHT MAKE-UP AND HAIRSTYLE CAN SLIM DOWN YOUR FACE INSTANTLY

## MAKE-UP

Make your eyes and lips look bigger to slim down your face, make-up artist ROSE BRUINS advises

### EYES

#### Eyebrows

Well-groomed eyebrows will add definition to your face and draw attention to your eyes. Define your brows by filling them in. Try **L'Oréal Made for Me Naturals Brow & Duo Eye Shadow** (R134,95) on your eyes and brows.

**Megalashes**  
Open up your eyes and make them look bigger by using an eyelash curler before you apply mascara. Try **Clicks Beauty Essentials Eyelash Curler** (R29,99) and **Maybelline XXL Curl Power Mascara** (R99,95).

**Draw the line**  
Use a dark liner on your top lid and a white liner on the inner bottom lid. Avoid liner below your eyes as it can make them appear smaller.

**Add light**  
Apply a light powder in the inner V of your eyes. This will open them up and make them look bigger. Try **Rimmel Colour Loose Eyeshadow in Frosted** (R69,95).

**TIP**  
Draw attention to the middle of your face by highlighting along the sides of your nose, down the middle of your nose and down your chin.

# FLATTER YOUR FACE

## HAIR

A hairstyle can make a dramatic difference to the shape of your face, says SHELENE SHAER of **Tanaz Hair, Body & Nails**

### KIRSTIE ALLEY WRONG

The colour is too solid and too blonde.

### RIGHT

The streaks of colour and layers add movement and frame her face beautifully.



KIRSTIE ALLEY



## TOP FACE-SLIMMING TIPS

- Wear a side-parting; a middle parting cuts your face in half, emphasising a full face.
- Add volume to the top of your hair by drying it upside down. Hold your head upside down for

- about 30 seconds for your hair to cool down before flipping your head back up.
- Avoid a very short style; rather opt for soft layers and lots of texture.



REESE WITHERSPOON



### REESE WITHERSPOON WRONG

The length of Reese's bob makes her face look rounder and her neck look thick. A more textured bob would have complemented her face shape better. Her fringe looks too solid swept to the side.

### RIGHT

The more textured fringe makes her forehead look smaller and slims down her face and neck. A few loose strands on one side of her face would also have looked great.

## LIPS

### Plump up

If you don't have full lips try a lip-plumping product such as **Skin Doctors Perfect Pout** (R330) or **Lipfusion Colour Shine in Dream** (R295, selected Edgars). Or try a lip-plumping colour such as **Clinique Full Potential Lips** (R120) or **Elizabeth Arden Ceramide Plumps Lipstick** (R140).

### Outline

Draw lipliner on and above your lipline. Fill in your whole lip with the pencil, then apply lipstick.

- A dash of lipgloss in the middle of your lips will make them appear fuller.
- Use a highlighter on your Cupid's bow and just below your lower lip.

## CHEEKS

Use a highlighter just above your cheekbone and sweep it outwards towards your temples. We love **Maybelline's Instant Age Rewind Double Face Perfector** (R99,95); on one side is a highlighter and on the other a concealer. Alternatively use a concealer.

Use a bronzer on and below your cheekbones. Try **Bobbi Brown Shimmerbrick** (R350, left) or **Environ Bronzing Powder** (R240, above). Use blusher on the apple of your cheek. Try new **Maybelline Mousse Blusher** (R89,95).



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